

My Y is this
much stronger

2009

Annual Report to the community

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Notary Public, Barrister & Solicitor

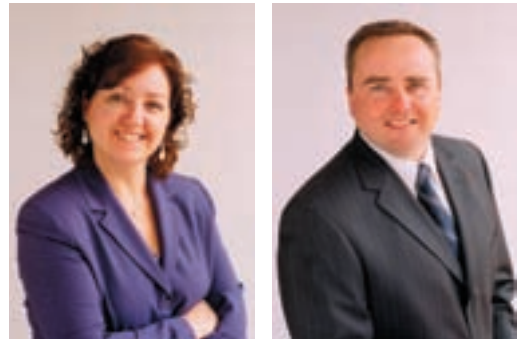
Fraser Wilson, Director

CEO, Axiom News Inc.



YMCA-YWCA
of the Central Okanagan

Committed to making our community stronger



message from the chair and ceo

2009 has been both exciting and rewarding, with tremendous growth and development for the YMCA-YWCA of the Central Okanagan, as we worked diligently towards growing stronger together in the community we serve.

Some of the highlights of 2009 include:

- **H₂O Adventure + Fitness Centre**, built and owned by the City of Kelowna and operated under a management agreement by the YMCA-YWCA, officially opened to the public in April. This state-of-the-art recreational facility saw almost 335,000 visits in only 8.5 months – an average of 1,300 people every day.
- In partnership with Okanagan College and the Province, **Little Scholars YMCA Playing to Learn Childcare and Preschool Centre** was built and began serving families of OC students, the faculty and general public in September. With 43 spaces serving children ages 9 months to 5 years, this centre provides innovative early learning through play.
- By the end of 2009, with the support of a dedicated volunteer campaign council and campaigners, the **Kelowna Family Y Capital Expansion Campaign** raised \$4 million towards the \$5 million goal. With campaign wrap-up targeted for June 2010, we are confident that, with continued community support, we will be able to break ground mid-summer. This much-needed expansion will allow the Kelowna Family Y to reach out to even more families and youth in our community with more spaces, programs and activities.

While we often measure success by the numbers of programs we offer, locations we operate in and people we serve in our centres, we measure our relevance in the lives our Y touches and positively impacts. The stories that are shared with us every day, of families and individuals who have experienced positive change and personal growth because they chose the Y, are tribute to the impact of the caring community found within the YMCA-YWCA. Our efforts in 2009 to grow our YMCA-YWCA to have even greater impact were supported by record numbers of community partners, donors and volunteers – all part of that same caring community.

On behalf of the staff, volunteers and community leaders who engage with the Y every day, please enjoy our annual report of a remarkable year. As we plan for our future and ensure continued success, we aim to connect more people to our caring community that is the YMCA-YWCA.

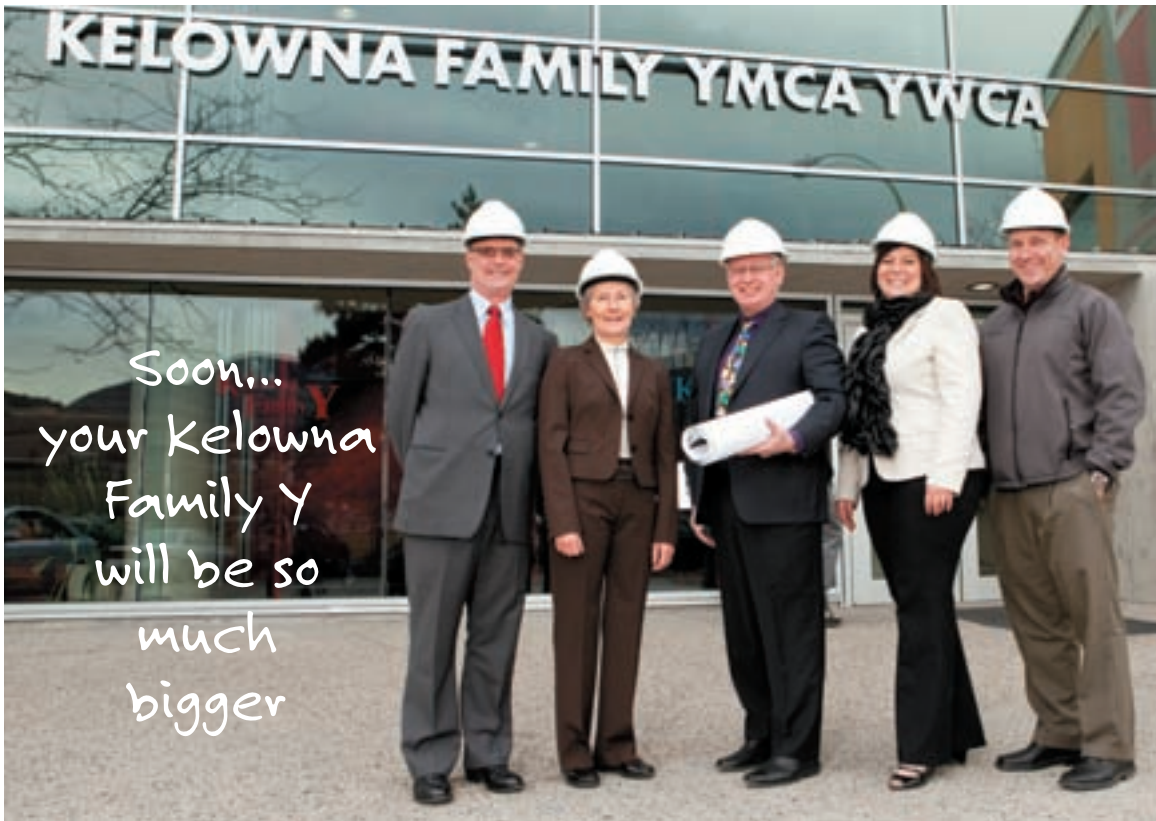
With thanks,

A handwritten signature in black ink, appearing to read 'S Peterson', written over a light grey background.

Sharon Peterson,
Chief Executive Officer

A handwritten signature in black ink, appearing to read 'R Schueler', written over a light grey background.

Randy Schueler
Board Chair



Soon...
your Kelowna
Family Y
will be so
much
bigger

Imagine...

building a place where everyone belongs.

T

he need for affordable health and family programs in the Central Okanagan is greater than ever.

The YMCA-YWCA is raising \$5 million to expand the Kelowna Family Y, a facility currently unable to meet our community's ever-increasing needs with its insufficient space and resources.

FACILITY DEVELOPMENT
KELOWNA FAMILY Y EXPANSION

YMCA-YWCA officials foresee breaking ground in the summer of 2010 with construction to be completed spring 2011.

Launching our first capital campaign, significant progress was made in 2009. By the end of the year, community leaders spearheading the campaign had quietly generated \$4 million in major gifts of public, corporate and private support.

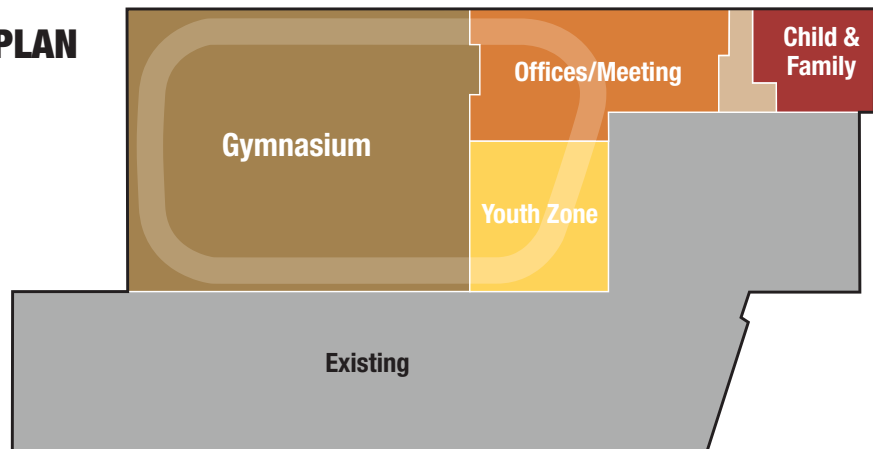
- 83 donors contributed over \$1.4 million
- \$1.6 million was contributed by the City of Kelowna
- \$1 million from the Government of Canada through a Federal Recreation Infrastructure Grant.

The expansion of the building will include a run/walking track, youth zone, child and family centre, preventative health and learning spaces and a gymnasium. It will be more than a building. It will be a positive environment that provides more programs and healthy activities for generations to come.

Please support this project.

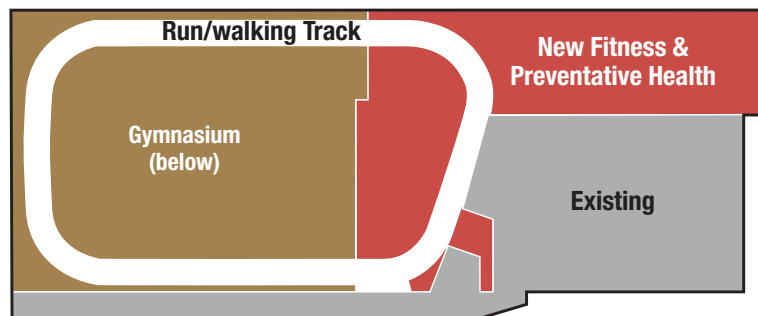
GROUND FLOOR PLAN

Existing and Proposed



2nd FLOOR PLAN

Existing and Proposed





A significant accomplishment of the year was the April 14th opening of Canada's largest municipally owned indoor water park.

In 2003, City Council directed staff to investigate options for the development of a new aquatic facility. Seven years later, their vision became a reality for the community of Kelowna through the construction of H₂O Adventure + Fitness Centre. The Y's goal in operating H₂O is to make a greater impact on the health of the people and communities we serve.

NEW LOCATIONS
H₂O ADVENTURE + FITNESS CENTRE

Members and visitors experienced better health with over 335,000 visits to H₂O in 2009.

- Almost 5,000 individuals of all ages are Members at H₂O
- 1,031 programs were offered with over 11,961 participants
- 11,000 people attended Y Group Fitness and Aquatic Fitness classes
- Received the Lifesaving Society Award for the highest participation in lifesaving courses for a YMCA-YWCA in BC - training 575 lifeguard candidates in 9 months!
- Hundreds of children chose H₂O to celebrate their birthday
- Every month, Y Childminding staff and volunteers care for an average of 320 children aged 6 weeks to 10 years.

Everyday at H₂O, through dedicated staff, volunteers, donors and community partners, we deliver a broad range of programs and services aimed at helping people become engaged, active and involved. The Y offers something for everyone at H₂O including: childminding for parents participating in popular fitness programs such as Zumba® and Kinesis training; plus, aquatic based fun – learn to swim classes, scuba and kayak courses, FlowRider® camps, and so much more.





The Y is committed to growing strong children.



In September 2009, the Y, in partnership with Okanagan College, opened a 43 space childcare centre that operates year-round on the Kelowna Campus.

This facility was truly a community project with carpentry, electrical and plumbing students from Okanagan College's Trades Department helping to build the Centre and several community businesses providing design, funding and volunteer labour to construct two adjoining playgrounds.

The Y is committed to maximizing the growth of each child in our care through education and development. We are proud to offer Okanagan families a professionally developed curriculum called YMCA Playing to Learn.

Unique to the YMCA, Playing to Learn allows children to lead the activities of the day, based on the subject that best captures their attention at the moment. Subtly guiding the child, teachers become play partners and document accomplishments through parent information displays and daily journal writing.

NEW LOCATIONS
CHILDCARE DEVELOPMENT

The playground at the Little Scholars Childcare & Preschool Centre was fully funded and constructed by many local donors, partners and volunteers.

Thank you to the following for giving children a place to play!

Project Partners

Ministry of Children and Family Development – Funder

Okanagan College – Owner

YMCA-YWCA of the Central Okanagan – Operator

Gifts \$2,500+

Urban Systems Foundation and Urban Systems

Team Construction Management Ltd.

Gifts \$1,000+

Dinoflex Group LP

Kelowna Ready Mix

West-Wind Nurseries & Landscaping Ltd.

Gifts \$250+

Gorman Brothers Mill

Westlake Paving & Aggregate

Pitura Enterprises Ltd.

Winn Rentals Ltd.

A.G. Appel Enterprises

Gifts to \$249

Pier Mac Sand & Gravel

Apex Sand & Gravel

Hawkeye Holdings Ltd.

PCW Canada



Your kids growing this much

stronger

The YMCA-YWCA of the Central Okanagan is:

2 centres for health

In 2009, 59,355 members and participants were involved in YMCA health, fitness and recreation at the Kelowna Family Y and H₂O Adventure + Fitness Centre. Association memberships total 8,853 representing an increase of 46% over 2008.

A safe place for children to learn and grow

43% of Y participants are children and youth

- 6,280 kids learned how to swim
- Y Day Camps made summer fun, active and educational for more than 100 children
- Y Childcare Centres supported the healthy development of 240 children in 6 full service childcare centres and school age programs
- The Y's Career Contact Centre for Youth and Jumpstart: Employment Essentials provided 2,007 young people facing barriers to employment or wanting to enter the workforce with free career counseling, job training, and access to technology.

Open to all, regardless of financial circumstances

Often, the people who need the Y the most can afford it the least, especially in tough economic times.

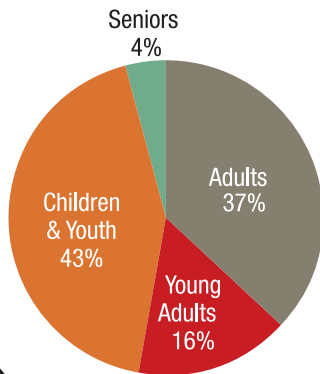
- 1,310 low income children and families benefited from a Y membership, program or service thanks to the financial assistance provided by the YMCA-YWCA of the Central Okanagan
- 41% of those receiving assistance were children and youth. That's why the Annual YMCA Strong Kids Campaign, which raised \$150,100 in 2009, is so important.



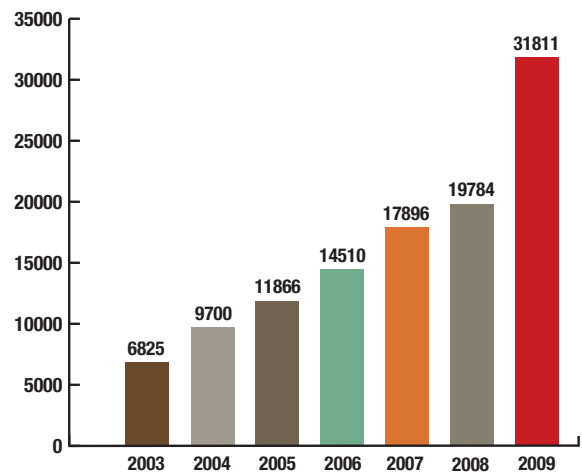
YMCA-YWCA

2009 COMMUNITY IMPACT

AGES OF PEOPLE SERVED



NUMBER OF PEOPLE SERVED



Your **Y** is
a place for
the young, the
young-at-heart, and
everyone in between

A non-profit charitable organization

More children, youth and adults are able to participate in Y programs thanks to Y partners, community funders and donors.

- 275 donors in 2009
- 117 new individuals and organizations showed their trust in the Y by donating for the first time.



A place for volunteers to grow and make a difference

310 individuals made a difference in their community by volunteering and assisting with recreational programs, childcare and other important Y community events and services.

Year ended Dec 31, 2009

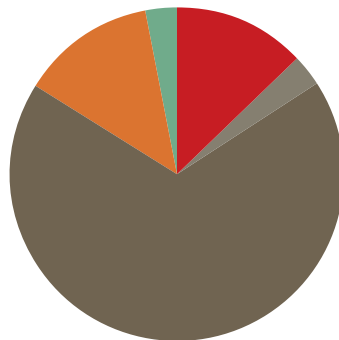
STATEMENT OF OPERATIONS

	2009	2008
Revenue	\$7,163,307	\$4,439,973
Expenses	6,896,496	4,233,297
Excess of Revenue over Expenditures	266,811	206,676

STATEMENT OF FINANCIAL POSITION

Current Assets	2,590,519	1,376,686
Restricted Cash and Cash Equivalents	1,448,546	854,580
Capital Assets	1,275,763	1,278,905
Total Assets	5,314,828	3,510,171
Current Liabilities	1,623,801	700,709
Long Term Debt	1,162,500	1,258,750
Deferred Capital Contributions	878,000	166,996
Net Assets	1,650,527	1,383,716
Total Liabilities and Net Assets	5,314,828	3,510,171

**REVENUE
BREAKDOWN**



- Purchase of Service – City of Kelowna 13%
- Fundraising 3%
- Membership Revenue 68%
- Government Contracts 13%
- Other 3%

YMCA-YWCA

2009 FINANCIAL HIGHLIGHTS

GIVING

Some people give time or money to the Y because they have benefited from Y programs, support and services in the past. Others give because they believe in the Y's mission and purpose in their community. Whatever the reason, almost everyone who gives to the Y tells us they receive something invaluable in return: a sense of connectedness to their community.



KELOWNA FAMILY YMCA-YWCA

CAPITAL EXPANSION CAMPAIGN

Gifts to the Capital Expansion Campaign will be remembered for generations to come on a permanent Donor Recognition Wall which will be unveiled at the opening of the expanded Kelowna Family Y.

Contributors

City of Kelowna
Federal Government of Canada,
Recreation Infrastructure Grant

Gifts received to December 31, 2009

Inspirational Gifts \$500,000+

Anonymous 1

Founder Gifts \$100,000+

Disney Online Studios Canada
– Club Penguin
Harmony Honda/Harmony Acura

Leadership Gifts \$50,000+

Castanet.net
Dilworth Homes
Interior Savings Credit Union
McIntosh Properties
The Colin & Lois Pritchard Foundation
TD Bank Financial Group

Benefactor Gifts \$25,000+

Capital News
The Daily Courier
Wilson Family Foundation

Community Building Gifts \$10,000+

Astral Media Radio GP
New Horizons for Seniors Program
103.9 The Juice
K96.3 Kelowna's Classic Rock
Power 104 & Q103.1
Sharon & Gary Peterson
Shaw Cable
Rotary Club of Kelowna Morningside
Rotary Club of Kelowna Ogoopogo
Anonymous 2

Spirit Gifts \$5,000+

Duncan, Missy & Tim Blackburn
Kelowna.com
George & Ann Rodger
Randy & Michelle Schueler
Karen & Ron Stewardson
Anonymous 1

Investor Gifts \$1,000+

Sue Boser
Callow & Associates Management
Consultants
Allan & Jeanette Coyle
Dave Cronquist
B. Billing & D. Grams
Angela & Paul de Burger
Paul Demay - Investors Group Matching
Gift Program
Barbara Duggan
Brian Given, In memoriam
Scott, Allyson, Ava & Grayson Graf
Hamber Foundation
Chuck & Denise Henderson
Catherine McGowan
Elizabeth Murphy
Northern Computer
Doug & Lorna Pumphrey
Jim & Kathy Rogers
Karlene, Rick, Alex & Kyra Sewell
Slattery Family
Rhonda Zakala & Tom Dyas
Anonymous 1

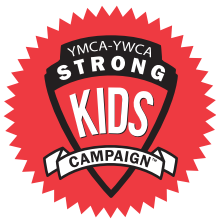
Partner Gifts \$250+

Diane Bold
Kelly Howard
Roger Setka
Southern Interior Local Government
Association
Dan Vass

Friend Gifts to \$249

Lori Bilodeau
Roland Cacchioni
Central Okanagan Parent Advisory Council
Central Okanagan Teachers' Association
Paul & Audrey Demay
Walter Dennison
Downtown Kelowna Association
Dr. Knox Parent Advisory Council
Festivals & Special Events Development
Society of Kelowna
Rachel Goshulak
Brent Hamilton
Bertha Henderson
Kelowna Chamber Board of Directors
& Staff
Kathryn MacMillian
Ron & Karen Mattiussi
Alex McClelland
Corinne McMillan
Wayne & Mary Anne Pettitt
Natasha Proznik
Holly Radcliffe
Ramchuk Family
Walter & Flo Rowney
Michele Rule
Lorie Anne Samoisette
Bettina Schell
Arnie Schneider
Lois & Cliff Serwa
Elizabeth Sheyev
Jean Simons
S.I.R. Board of Directors
Luke Stack
James Stuart
Peter Unger
Amber Vrtar
Leslie Wiesner
Windsong Holdings Ltd.
Sandra Zimmerman
Anonymous 5

RECOGNITION



Through the support of the following generous donors, the Y remains accessible to all children, youth and families by assisting those in need with childcare and support services, child and youth programs, employment services for young adults and Y membership.

Gifts received between April 16, 2009 & March 31, 2010

CHAIRS ROUND TABLE

Gold Gifts \$5,000+

Green Shield Canada
McDonald's Restaurants of Kelowna
Sandman Harvest Foundation
Anonymous 1

Silver Gifts \$2,000+

Interior Savings Credit Union - Rutland Branch
The Kinder Dream Foundation
100 x 100's Swim for Strong Kids
Taste of Kelowna
Wilson Family Foundation

Bronze Gifts \$1,000+

ACT/UCT Kelowna Council
Enterprise RV Ltd.
Kelowna Professional Fire Fighters
Kelowna Super 8
Kinsmen Club of Kelowna
Northern Computer
Running Room Canada Inc.
Barb Simpson
Todd Simpson
Urban Systems Foundation

Gifts \$500+

Callow & Associates Management Consultants Inc.
Cans 4 Kids
Ross & Ann Carviel
DB Perks & Associates Ltd
Allyson, Scott, Ava & Grayson Graf
groupSource LP
Chuck & Denise Henderson
Life Fitness
Miranda Family
David Oosterveld
Sharon & Gary Peterson
Laurel Robinson
Jill Siebert
John Simpson
Dave & Kelly Smith
Karen & Ron Stewardson
Anonymous 4

Gifts \$100+

Nancy Biemingham
Diane Bold
Sue Boser
Tyler Bouck
Shawn Bourgoin
June Boys
Robert Bryce
Michael & Rita Chase
Allan & Jeanette Coyle
Colleen Corless
Dave Cronquist
Shauna Dennert
Paul Demay
Lori Drysdale
Barbara Duggan
Laurie Evens
Amanda Gasall
Jennifer Hanson
Lee Harding
Luke & Janal Hardy
Coreen Hemingway
Brent Hobbs
Dave Hodgkinson
Linda & Larry Houghton
Kelly Howard
Janitors Warehouse
Colleen Keeler
Dianne Keuhl
Monika Klanyi
Cory Krist
Maxum Automotive Refinishing
Tom McCready
Catherine McGowan
Glenn Millius
Chester & Audrey Nalewajek
Zoltan Nebojsza
OK Hitch
Roxanne Pederson
Douglas Pumphrey
Ramchuk Family
Mike Ridley
Karin Sanja
Britt Schneider
Randy & Michelle Schueler
Slattery Family
Joanne Sweet
Melina Sweezey
Carol Taylor
Leslie Wiesner
Randall & Krista Wight
Dorothy Witzke
Rhonda Zakala & Tom Dyas
Anonymous 5

Gifts to \$99

Norm & Vicky Agar
Lourdes Beckman
Debashree Banerjee
Freedom Bannerholt
Nedeen Bazley
Megan Berry
Margaret Bischoff
Megan Briggs
Canada Martial Arts Supply
Jonathan Cathcart
Sean Clayton
Paul Del Buono
Peter Donald
Sally Dutton
Aaliyah Findlay
Jeanine Fortney
Chad Geneux
Jeff Goreski
Rachel Goshulak
Alison Grundy
Nik Halldorson
Lisa Hilbrecht
Glady's Hambrook
Frank Harvey-Smith
Gordon Hawkes
Gregory Hobson
Elisa Hoover
Kathleen Jenson
Candace Kemper
Chynna Kosie
Peggy Kramer
Dinah Lane
Andy Lawson
Jennifer Lepp
Chris McCormick
Chad McEachern
Katrina Molendyk
Kyleen Myrah
Nesdoly Family
Lindsay Parker
Agnes Pellatt
Jacob Penny

Jennifer Phillips
Joyce Powder
Corinne Robak
Rodney Hobson Karate Academy
Maureen Rose
Marisa Russo
Lorie Anne Samoissette
Cheris Samuels-Murdoch
Siarra Sens
Karlene, Rick, Alex & Kyra Sewell
Louis Stupar
Brandi Suderman
Heather Twaites
Amber Vrtar
Carol Watt
Christine Whittaker
Wrighton Family
Anonymous 1

In Kind

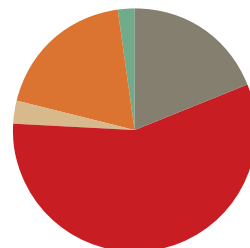
Good Earth Coffeehouse and Bakery
Wayside Printers

Spin for Kids

Challenge Teams

BMO - Mission Centre
BMO - Orchard Center
Capri Insurance
Farris Lawfirm
Interior Savings Credit Union - Head Office
Interior Savings Credit Union - Mission Branch
Interior Savings Credit Union - Rutland Branch
KPMG LLP
lululemon
RBC Dominion Securities
Spider Agike Technology
Urban Systems

Donor Dollars Making a Difference



- Childcare Subsidy 19%
- Membership Assistance 57%
- Program Sponsorship 3%
- Child & Youth Program Support 19%
- Equipped for Employment 2%



Thank you to the following businesses for helping to make the 4th Annual YMCA-YWCA Healthy Kids Day a tremendous success!



2009 YMCA Healthy Kids Day

- 4,000 participants
- 150 volunteers
- support of 70 community organizations

YMCA Healthy Kids Day is a FREE community event celebrating the healthy growth and development of children and families that:

- showcases Y programming
- gets everyone moving with fun activities and entertainment, plus energized with nutritious snacks
- develops community partnerships in an effort to improve the overall health of children and families
- provides parents with information and options on programs, support and services from various organizations in the community.



- Creative Inc
- Cooper's Foods, Rutland
- Fortis BC
- Grant Thornton LLP
- Kelowna Regional Transit System
- Lee's Music
- Nature's Path Foods Inc
- RBC Financial Group
- Shaw Communications Inc
- Sun-Rype Products Ltd
- Sun Valley Vending
- Urban Systems Foundation
- Yoplait

Y Community Partners

We would like to acknowledge and thank the following for their support in building strong kids, strong families, and strong communities.

- The Bridge Youth and Family Services
- Canadian Tire Jump Start Program
- Central Okanagan Bingo Association
- Central Okanagan Foundation
- City of Kelowna
- Cooper's Foods, Rutland
- Divine Feast Catering Company
- Government of Canada
- Husky/Mohawk Community Rebate Program
- Interior Health Authority
- Interior Savings Credit Union
- Katimavik
- Kelowna Women's Shelter
- McDonald's Restaurants of Kelowna
- Ministry of Children and Family Development
- Ministry of Public Safety and Solicitor General
- Regional District of the Central Okanagan
- Rutland Parks Society
- Service Canada
- Shawn Talbot Photography
- Success by Six
- Western Economic Diversification
- Variety – The Children's Charity
- Young Canada Works
- YMCA Canada



Your gift makes your community this much stronger

Great care was taken to ensure the accuracy of the names listed throughout the report but if you discover any errors or omissions, please call 250.764.9621 ext. 304

OUR CHARITABLE MISSION

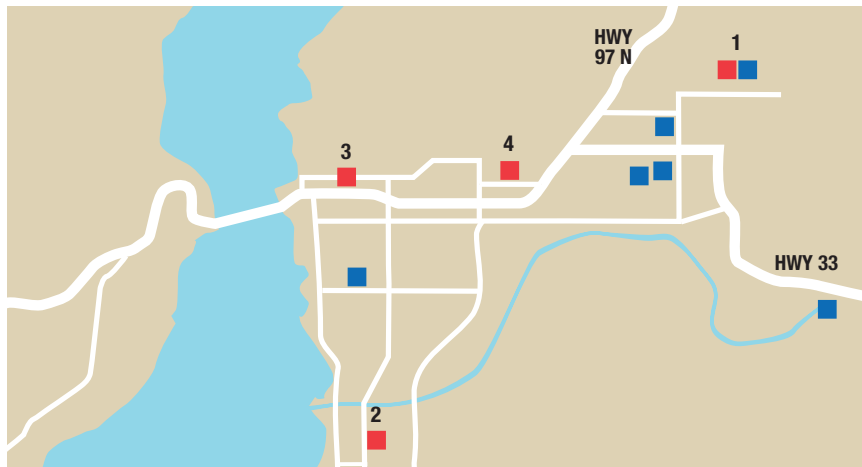
To support the development of strong individuals, families and communities in body, mind and spirit and connect with and support the Y's global families.

OUR COMMITMENT

To improve the health and wellness of all.
To serve people of all ages, backgrounds and abilities in all stages of life.
To help people attain good health through a healthy lifestyle.
To encourage everyone to get involved in making our communities better places for everyone.

OUR VALUES

Caring, Honesty, Respect and Responsibility



- **Kelowna Family YMCA-YWCA**
375 Hartman Road
- **H₂O Adventure + Fitness Centre**
4075 Gordon Drive
- **Career Contact Centre for Youth**
575 Lawrence Avenue
- **Association Services**
205, 2000 Enterprise Way

- **Y Out of School Care**
Okanagan College, 1000 KLO Road
Kelowna Family Y, 375 Hartman Road
Rutland Centennial Hall, 180 Rutland Road
Quigley Elementary, 705 Kitch Road
Belgo Elementary, 125 Adventure Road
Black Mountain Elementary, 1650 Gallagher Road

Charitable Registration #11924 0224 RR0001

www.ymca-ywca.com