

# Y Stories



## Shannon's Y Story:

"I am a single mother of 2 young children. After being on my own as a single parent, I've felt the pressure of everyday life when it comes to financially raising my kids. I've struggled to make ends meet, to allow my children to have what other children have. Without the Y-subsidy program, I would not be able to put my kids into swimming lessons, after school care, or any fun nights at the Kelowna Family Y. My membership is endless; it allows me to have swim time with my kids, gym time for me, and so much more. I am so grateful to all the staff at the Kelowna Family Y and especially thankful for the subsidy program, without any of them I would not be able to give my children the activities or lifestyle they are receiving. Many people can express their gratefulness in regards to this program, but I would really like to say that it has changed my life. And no words can really explain how thankful I am for the opportunity my kids and I have been given."

**Everyone has a story, tell us yours. Email your Y Story to [aramchuk@ymca-ywca.com](mailto:aramchuk@ymca-ywca.com).**

The **Y** – a trusted and responsive charity committed to building strong kids, strong families and strong communities.



**YMCA-YWCA**  
of the Central Okanagan